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OLD PUEBLO CROSSFIT KIDS CROSSFIT June 2023

Monday JUNE 26th - Friday JUNE 30th



12:00PM - 12:45PM

Ages 6 - 11 Cost \$100

A 45 minute class to introduce functional fitness through a variety of skills and games.

Classes include body awareness, body weight movements

and weightlifting basics.



Use QR Code to Register!

Register Online at

https://oldpueblocrossfit.wodify.com/OnlineSalesPortal/Home.aspx

